Uploading Videos - Support Documentation

Contents

Instructions:

- Open https://media.heanet.ie/
- Click **Login:**
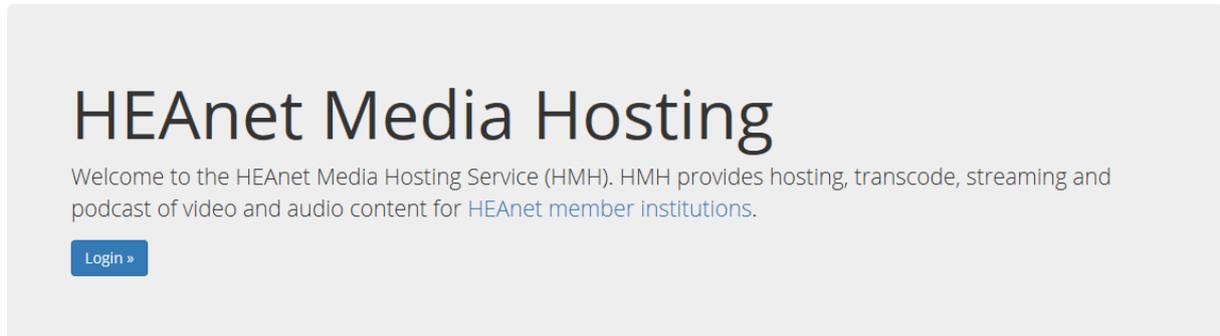
- Select **University of Limerick** from the list
- **Note:** You can filter the list by entering **Limerick** if necessary:
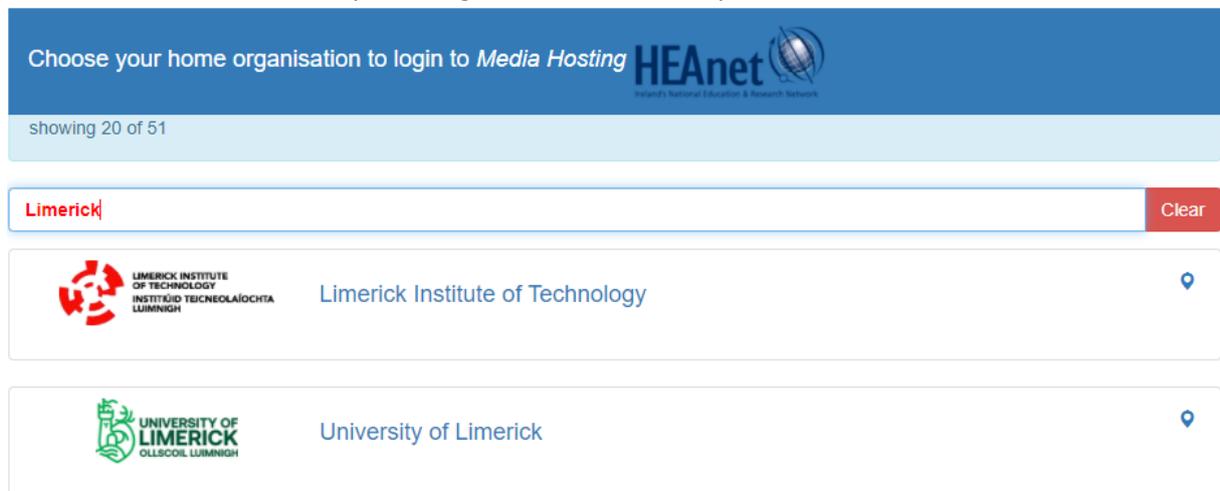
- Enter your UL username and password
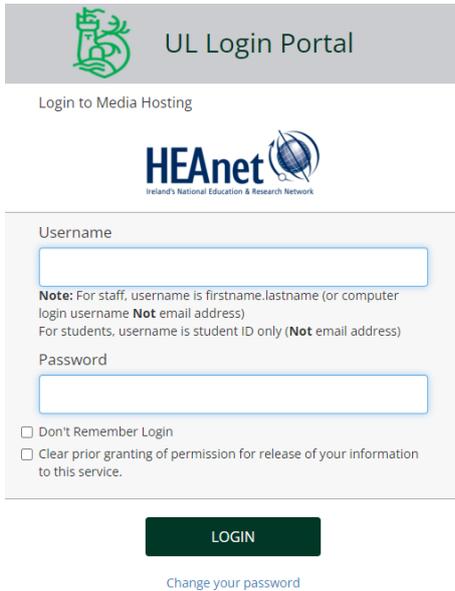
UL Login Portal

Login to Media Hosting

HEAnet
Ireland's National Education & Research Network

Username

Note: For staff, username is firstname.lastname (or computer login username **Not** email address)
For students, username is student ID only (**Not** email address)

Password

☐ Don't Remember Login
☐ Clear prior granting of permission for release of your information to this service.

LOGIN

Change your password

-
- Click **Login**
- Select **Upload Media**

Media Hosting   ☷ My Media   ⌒ My Podcasts   ⊕ Upload Media   ◼ Live   👤 Account   ❓ Help   ⏏ Log Out
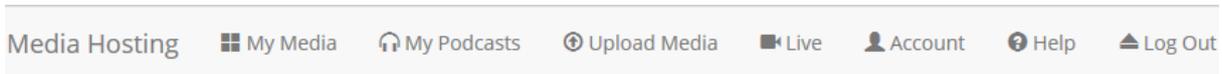
-
- Click **Choose Files**
- Select the video file from your computer

Upload Media

Upload video and audio files into the HEAnet Media Hosting service.
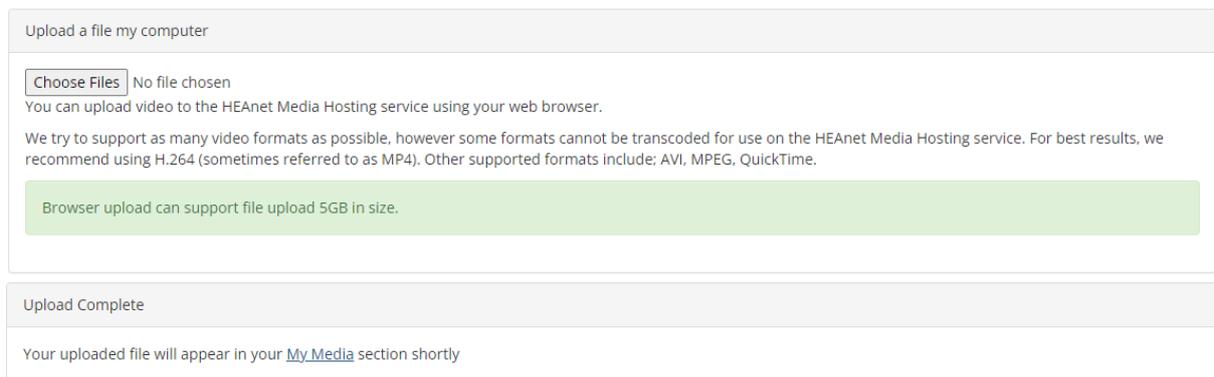
Upload a file my computer

Choose Files No file chosen
You can upload video to the HEAnet Media Hosting service using your web browser.

We try to support as many video formats as possible, however some formats cannot be transcoded for use on the HEAnet Media Hosting service. For best results, we recommend using H.264 (sometimes referred to as MP4). Other supported formats include; AVI, MPEG, QuickTime.

Browser upload can support file upload 5GB in size.

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Upload Complete

Your uploaded file will appear in your My Media section shortly

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- Click **My Media** to view the media you uploaded

- **Important Note:** For the purposes of the **Excellence in Teaching Award Nomination** process, **DO NOT restrict access to Institution (ul.ie) only** as this will prohibit external board members from viewing your video(s) uploaded to https://media.heanet.ie
- After uploading the file, you can restrict access to UL members only under the **Access Control** tab:

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Share

- You can share your video using the **Public Link to Your Video** under the **Share** tab:

Details	Edit	Share	Podcast	Access Control

Start Time ☐ `00:00:00`   **End Time** ☐ `00:00:00`   [Update] [Reset]
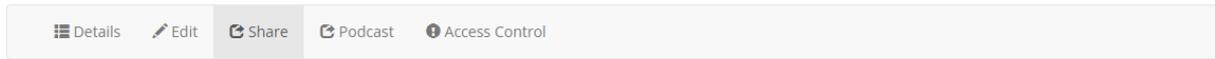
```
<iframe src="https://media.heanet.ie/player/a89af1058156450d8cde89e9f78fcb91" name="a89af1058156450d8cde89e9f78fcb91" width="320" height="320" marginwidth="0" marginheight="0" scrolling="no" frameborder="0" allowFullScreen="true"></iframe>
```

To embed a video, just copy the code from the "Embed Your Video" box. Once you've copied the code, just paste it into your website or blog to embed it.

Public Link to Your Video

`https://media.heanet.ie/page/a89af1058156450d8cde89e9f78fcb91`

Open Link

Download link

`https://media.heanet.ie/download/a89af1058156450d8cde89e9f78fcb91`

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